

How Women Rise

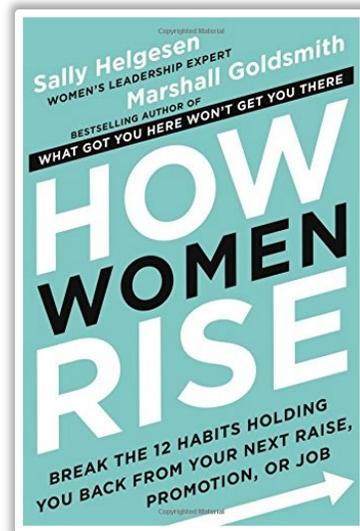


For Women, By Women

Northern Section CASBO Leaders are hosting a four-session book study, focused on “How Women Rise” by Helgesen & Goldsmith. The study groups will focus on helping female leaders overcome the 12 habits that hold us back. Aimed at improving specific research-based behaviors, the book synthesizes years of executive coaching for women, identifying the forms of self-sabotage that we are more prone to, and offering practical advice. This is an experience you don’t want to miss.

Your Commitment

By signing up for the “How Women Rise” book study, you commit to purchasing the book, attending the four sessions, completing the reading ahead of time to fully maximize the experience, contributing to conversations, and supporting other women leaders. Open to CASBO members, regardless of role.



Join this book study if you are ready to take the next step in your career, be it a promotion, a new job, or taking on greater leadership roles that our public schools need you to conquer!



Northern Section



Session 1

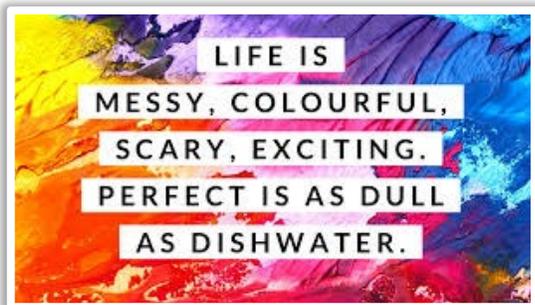
May 3, 2021

On May 3, 2021 from 6 - 7:30 pm, chapters 1-4 will be discussed. Reflect ahead of time on where you've been, understand what happens when you resist change, and review the 12 habits that hold us back. Meet 34 other women leaders and get ready for your journey!

Session 2

May 10, 2021

From claiming your achievements to building rather than leveraging relationships, Session 2 covers chapters 5-9 skills to enlist allies, share successes, and reward your contributions.



Session 3

May 17, 2021

Perfection can be deadly, and you're the only one who expects it. Learn to go beyond, survive the disease to please, focus on your own needs in your career, and position yourself for that next role. This session highlights chapters 10-14.

Session 4

May 24, 2021

The culminating session covers chapters 15-20, highlighting judgment, focusing on one area of growth, cooling down your distraction radar, and learning to rise with the support of other women.



Limited to the first 30 women who [sign up at casbo.org by April 25, 2021](https://casbo.org). Facilitated by Lisa Gonzales, Ed.D., Chief Business Officer, Mt. Diablo USD; and Kim Scott, Vice President, Business Development & Marketing, Blach Construction Company. For more information, email Lisa at lisatheprincipal@gmail.com.